

**ESEAP**

**EQALM Meeting 2022**





## Assessment and risk estimation of biotin interference in immunoassays

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<https://www.eseap.gr/>



# Main interferences in immunoassays (I)

Anti-streptavidin antibodies,  
Anti-ruthenium antibodies,  
Anti-alkaline phosphatase antibodies,  
Hook effect,  
Cross-reaction,  
Macro analytes,  
Heterophile antibodies,  
HAAA,  
RF,  
Gammopathies.

**BIOTIN:**

**COMPETITIVE ↑**

**SANDWICH ↓**



# Main interferences in immunoassays (II)

INTERFERENCES BY	ERROR TYPE
Biotin	COMPETITIVE: ↑ SANDWICH: ↓
Anti-streptavidin, anti-ruthenium, anti- alkaline phosphatase antibodies	COMPETITIVE: ↑ SANDWICH: ↑
Hook effect	↓
Cross-reaction	COMPETITIVE: ↑ SANDWICH: ↑ OR ↓
Macro analyte	↑
Heterophile antibodies, HAAA, RF	MOSTLY ↑ ↓ POSSIBLE
Gammopathy	↑ but also ↓ POSSIBLE



# Biotin interference (I)

Among the most important interferences is that of **biotin**.

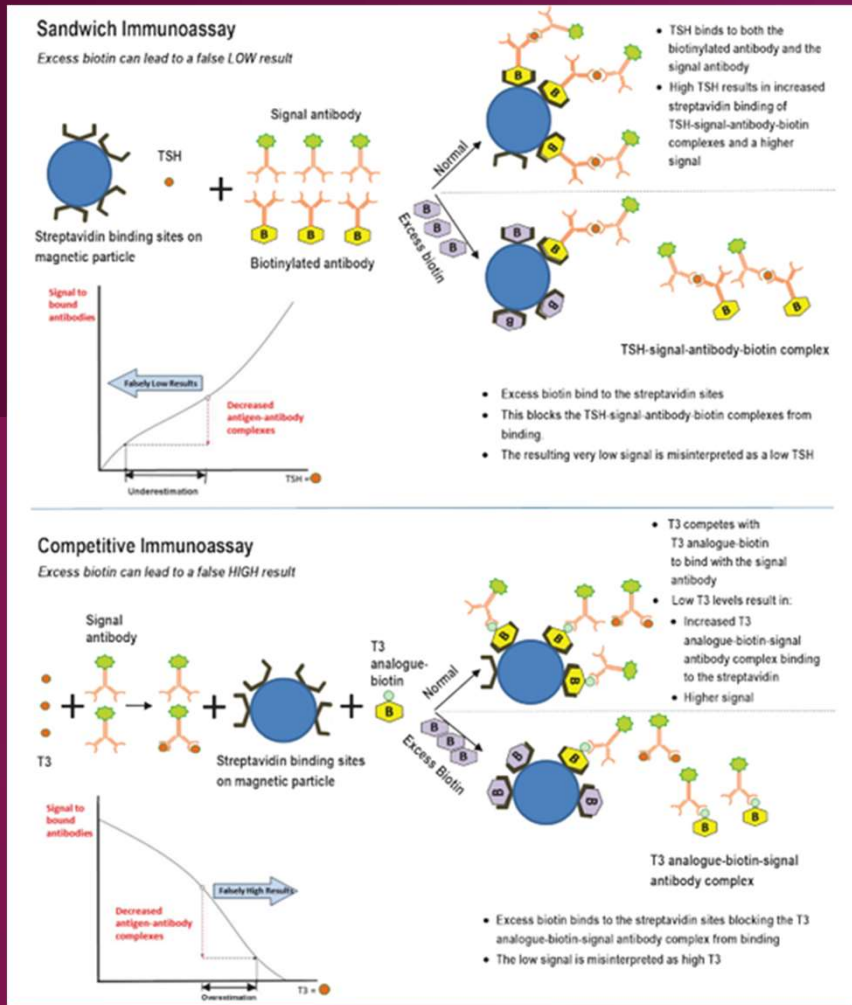
A **common**, usually *uncontrolled*, dietary supplement.

**Excess use of biotin**, mainly in nutritional supplements, creates a **significant problem in laboratory results** as in the majority of **immunoassays** the biotin-streptavidin complex is used.

The **most serious incident** of interference is that of the **death of a patient** in the ER, with symptoms of an acute myocardial infarction, **from a falsely low troponin**.



# Biotin interference (II)



# Methods

We used:

- Inserts from manufacturers,
  - Bibliographic search of articles related to interferences in immunoassays,
  - Communication and discussion with scientific specialists of IVD manufacturers,
- in order to review the main interferences and detect automated immunoassay systems that are still affected by exogenous biotin.



# Results

Platforms		Percentage of vulnerability to biotin interference <b>TODAY</b> ( <i>mid 2022</i> )
Siemens	<i>Centaur</i>	20%
	<i>Atellica</i>	20%
Beckman Coulter ( <i>but with increased biotin threshold</i> )	<i>Access</i>	9%
	<i>Dxl800</i>	9%
Abbott	<i>Architect</i>	0%
	<i>Alinity</i>	0%
Roche ( <i>but with increased biotin threshold</i> )		100%
Tosoh ( <i>all current platforms</i> )		0%
SNIBE ( <i>all platforms</i> )		1,2%





# Conclusions

There is an increased number of reports related to biotin interference and visible efforts by IVD manufacturers to avoid it.

- Abbott's ARCHITECT & Alinity analyzers and all Tosoh and almost all SNIBE current assays are immune to biotin interference
- Access 2 and Dxl 800 analyzers of Beckman Coulter have only 6 parameters measured with biotin-streptavidin assays (*threshold >10mg/day*).
- Siemens Centaur & Atellica analyzers: the percentage of vulnerability is about 20%
- Roche it is vulnerable 100% but *with low sensitivity to biotin*.





**Εθνικό  
Σύστημα  
Εξωτερικής  
Αξιολόγησης  
Ποιότητας**



*National System of External Quality Assessment*  
Proficiency Testing Scheme for Clinical Laboratories  
<https://www.esiap.gr/>  
Start of operation: **June 1994**

**ΕΚΘΕΣΗ ΑΠΟΤΕΛΕΣΜΑΤΩΝ**

Κύκλος 7 - Αποστολή 2 - 30/08/2006

Γλυκόζη

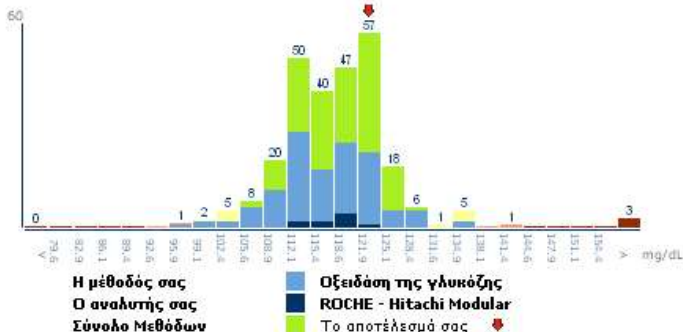
Κωδικός εργ. 200

Ορός Α							
Το αποτέλεσμα σας <b>125,00 mg/dL</b>							
	N	N1	$\bar{x}$	SD	CV%	$\Delta(\%)$	SDI
Σύνολο εργ.	264	259	118,6	6,50	5,48	5,38 %	0,98
Η μέθοδός σας	128	126	117,8	6,73	5,71	6,08 %	1,07
Ο αναλυτής σας	9						

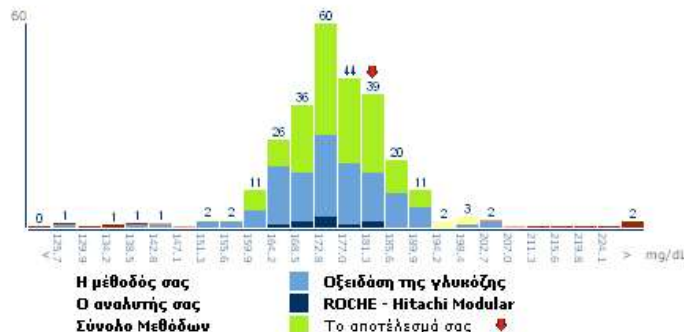


Ορός Β							
Το αποτέλεσμα σας <b>184,00 mg/dL</b>							
	N	N1	$\bar{x}$	SD	CV%	$\Delta(\%)$	SDI
Σύνολο εργ.	264	256	177,0	8,56	4,84	3,94 %	0,81
Η μέθοδός σας	128	123	176,5	9,47	5,37	4,28 %	0,80
Ο αναλυτής σας	9						

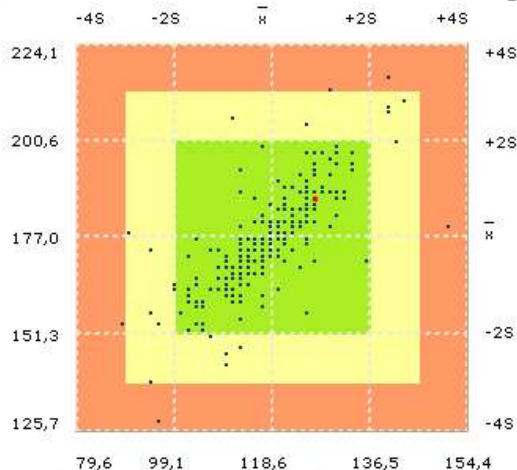
Ιστογράμμα κατανομής ορού Α



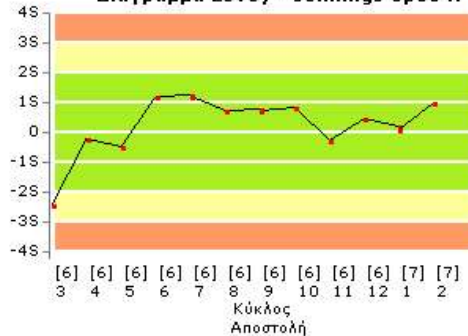
Ιστογράμμα κατανομής ορού Β



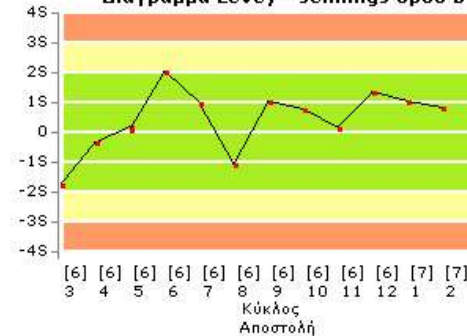
Διάγραμμα Youden



Διάγραμμα Levey - Jennings ορού Α



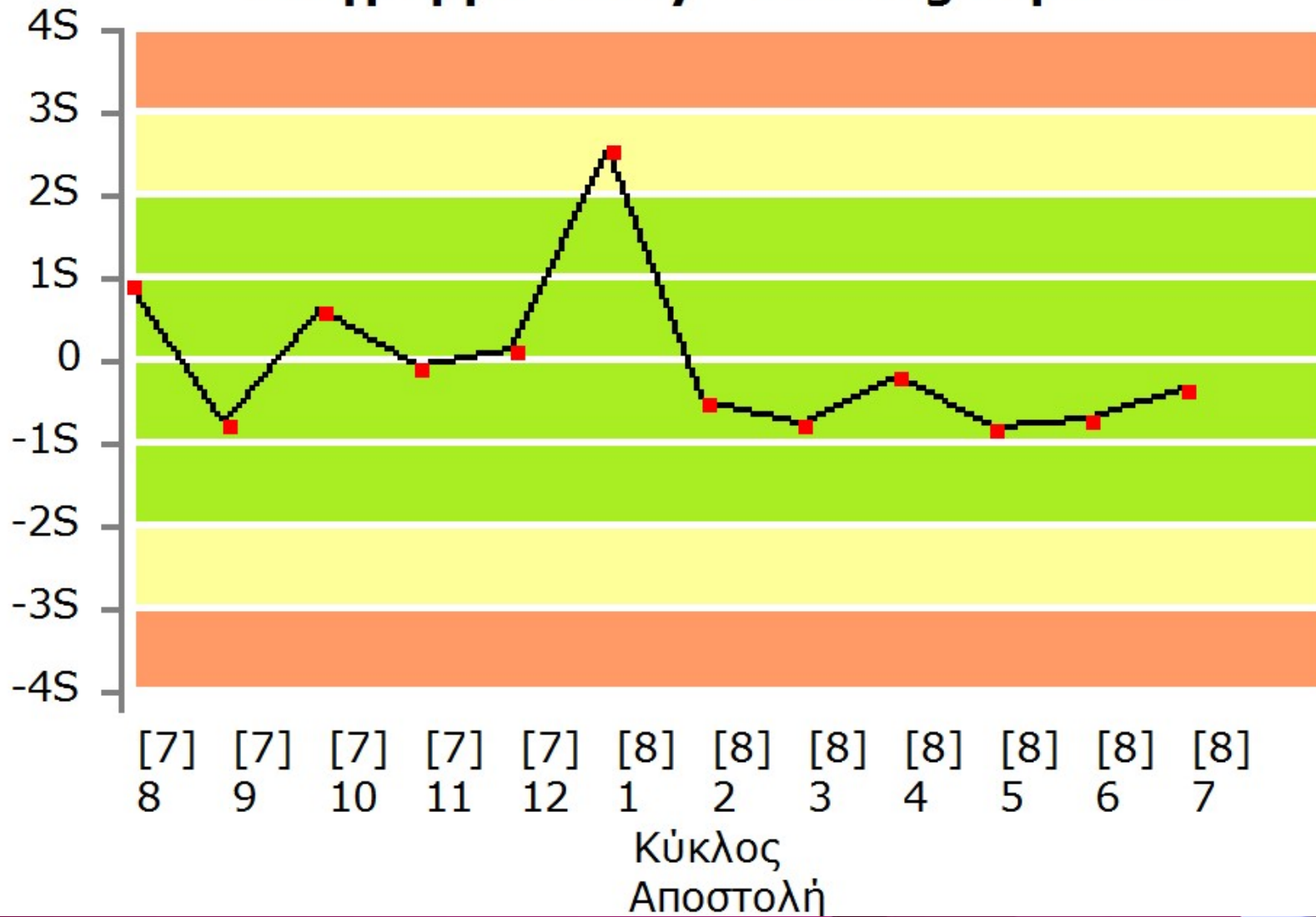
Διάγραμμα Levey - Jennings ορού Β



Results Report of a single analyte (Glucose)

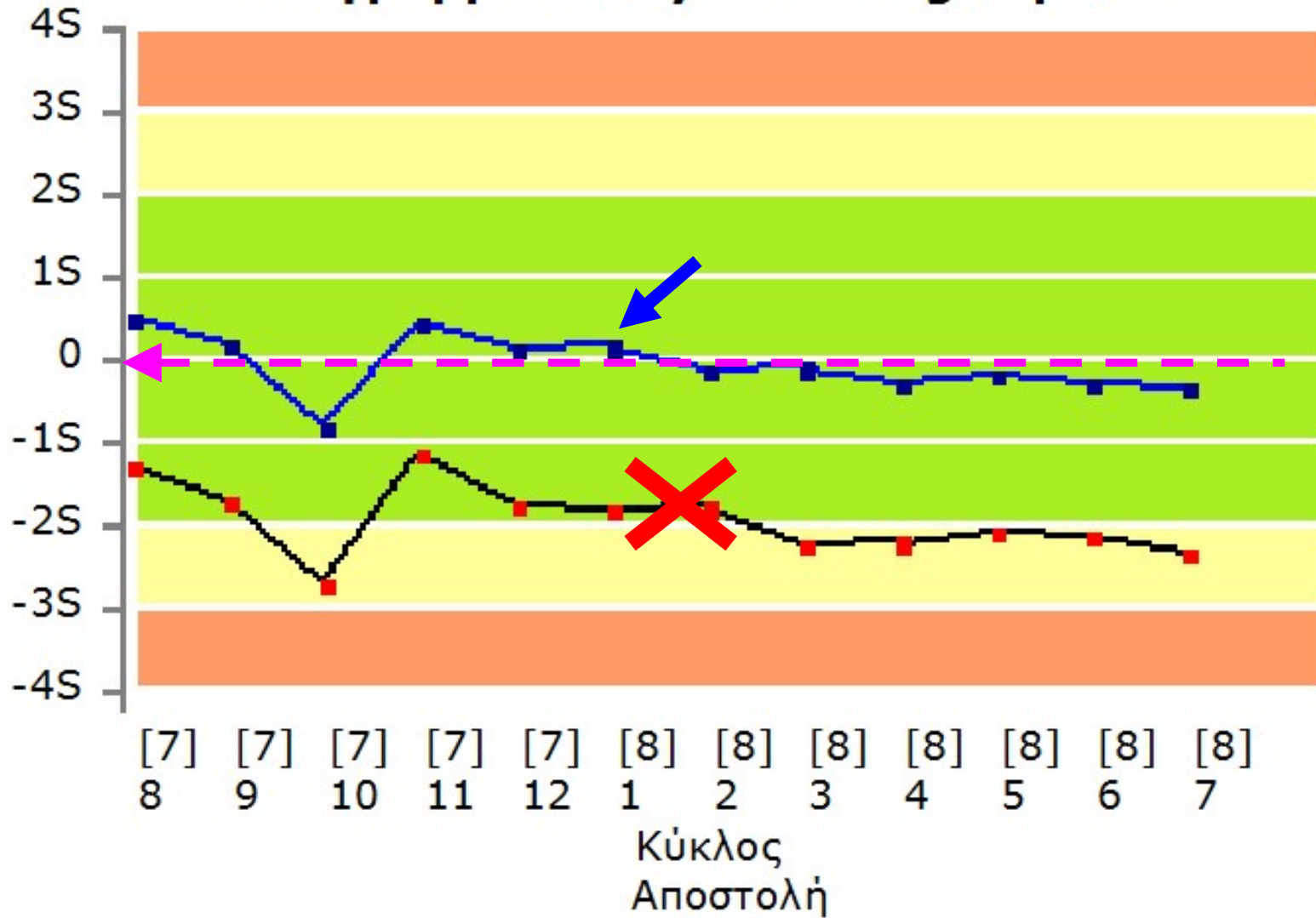


## Διάγραμμα Levey - Jennings ορού Α



Levey-Jennings graph of a single sample

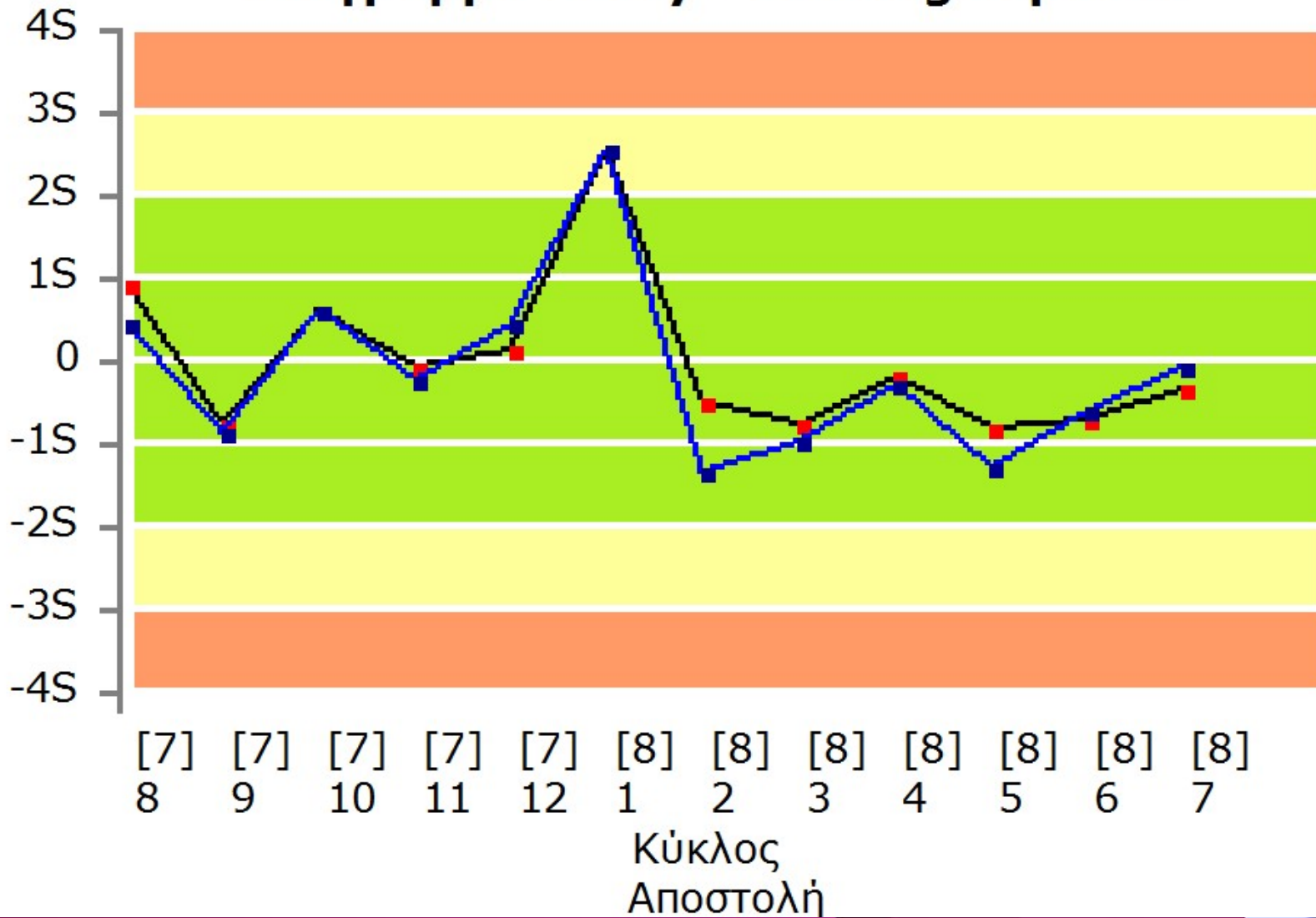
## Διάγραμμα Levey - Jennings ορού Α



Levey-Jennings graph of a single sample

showing the *commutability* issues of control materials

## Διάγραμμα Levey - Jennings ορού A

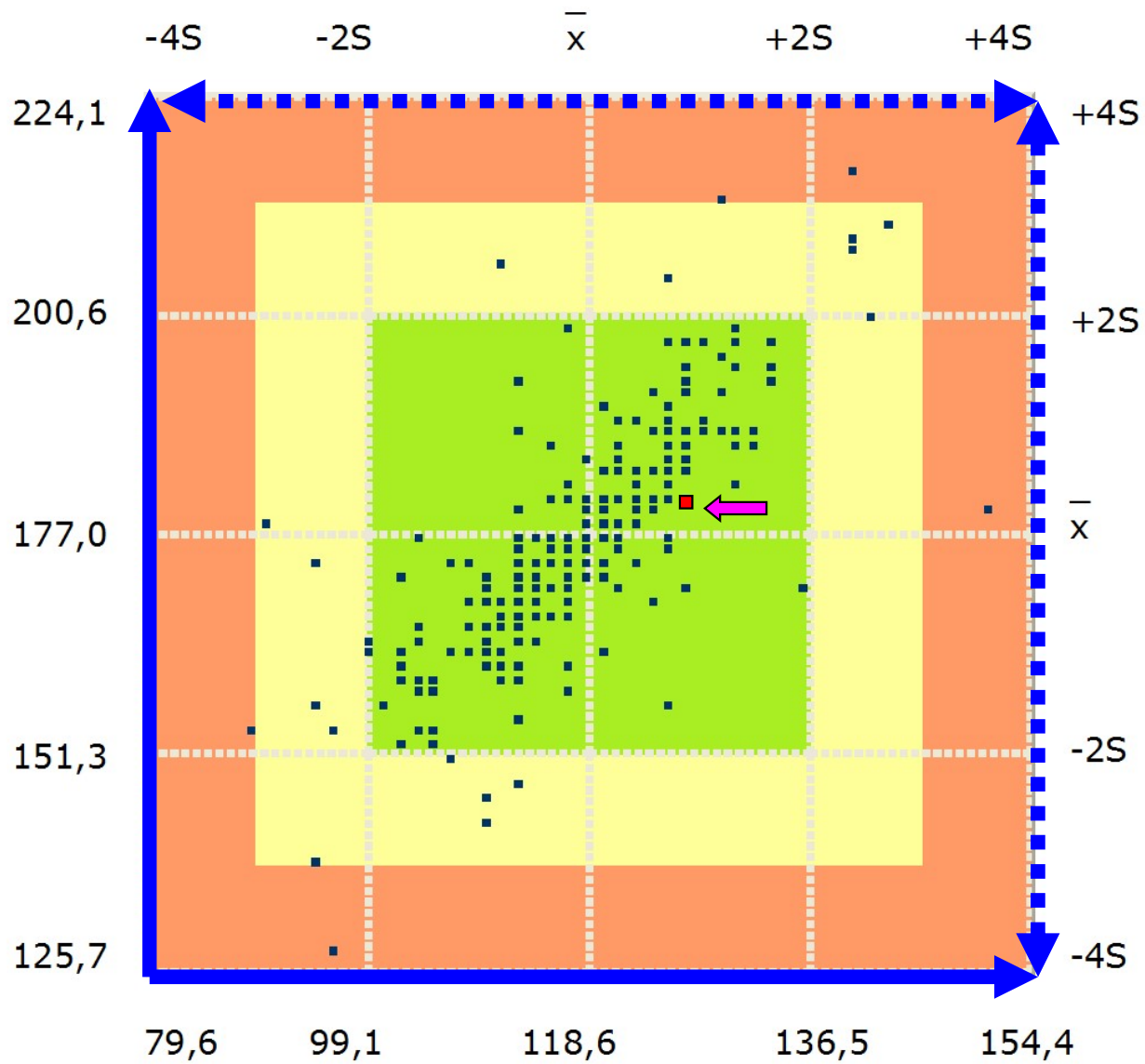


Levey-Jennings graph of a single sample

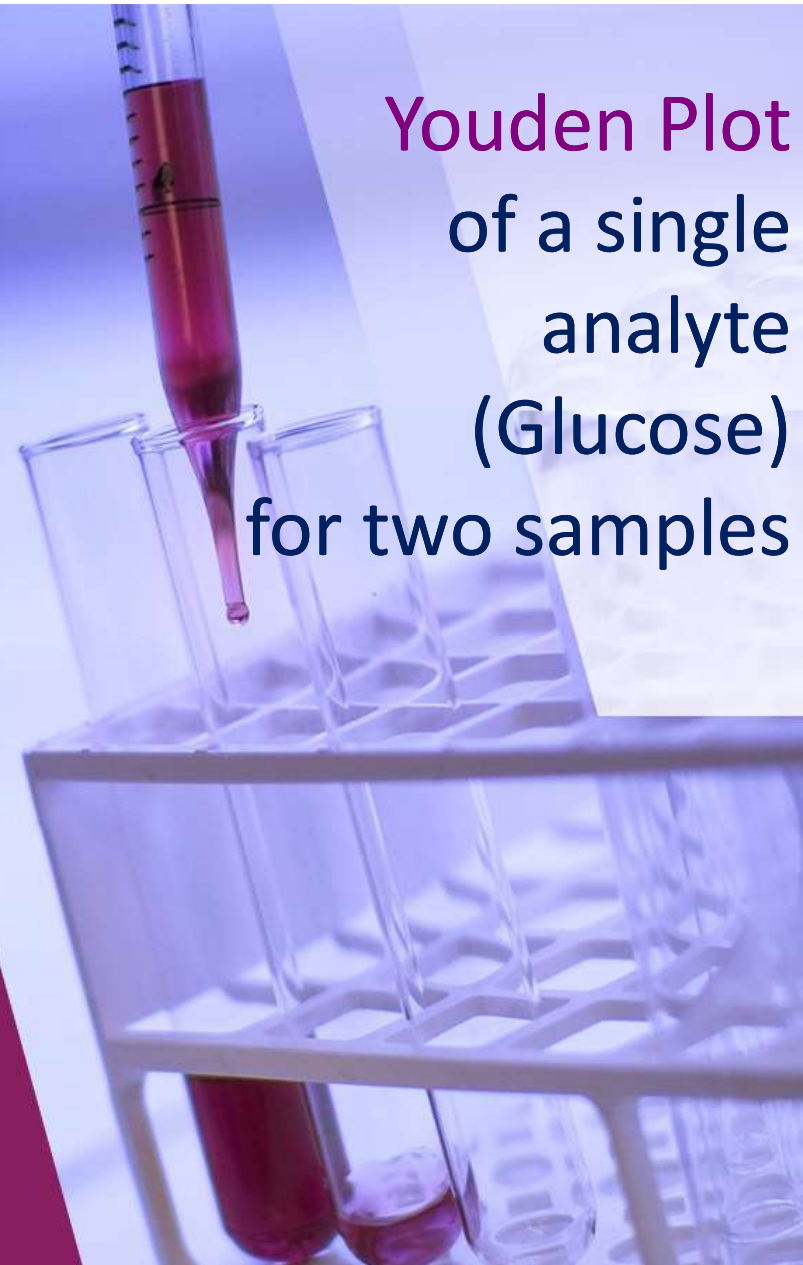
without *commutability*

issues of control materials

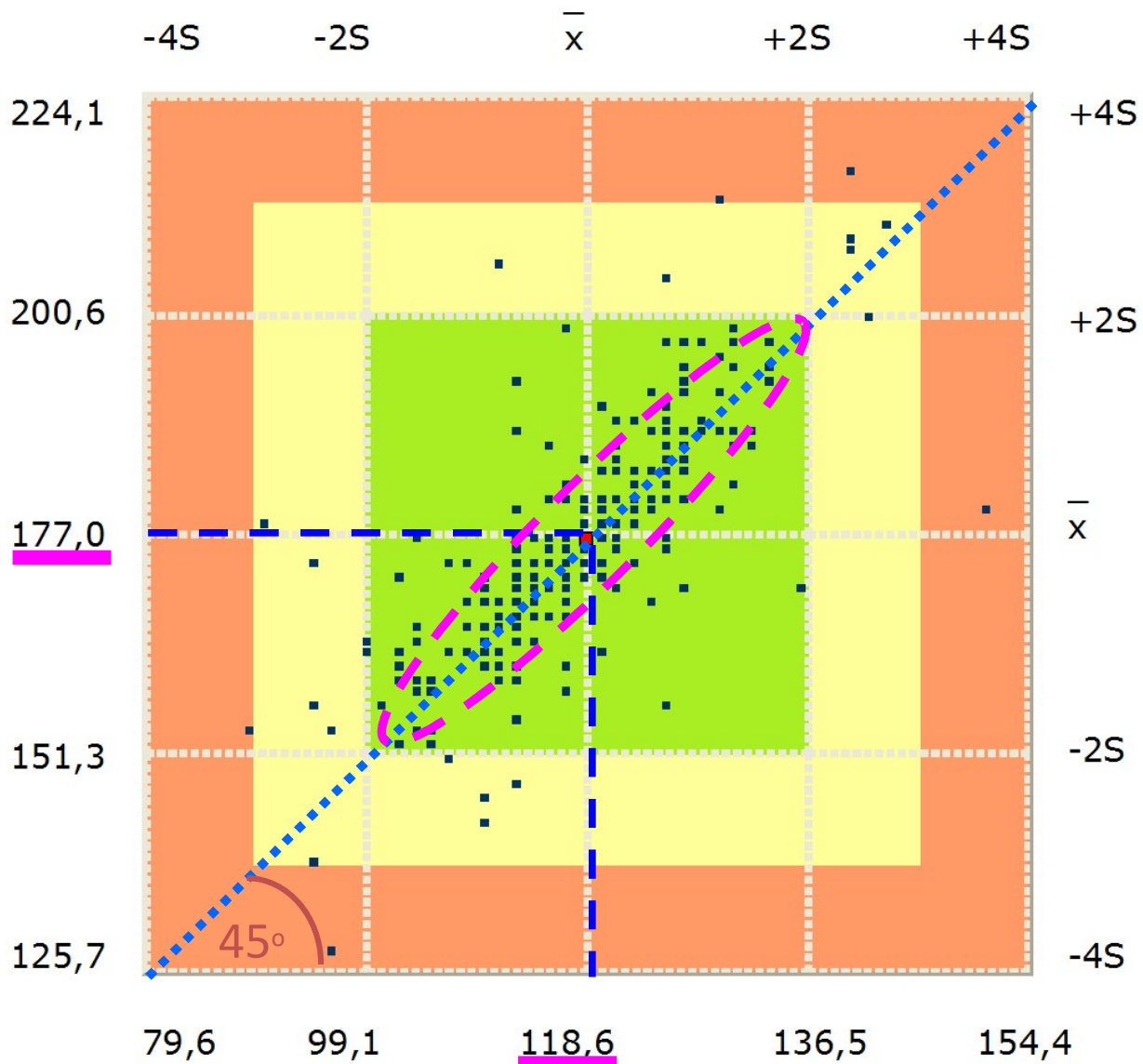
## Διάγραμμα Youden



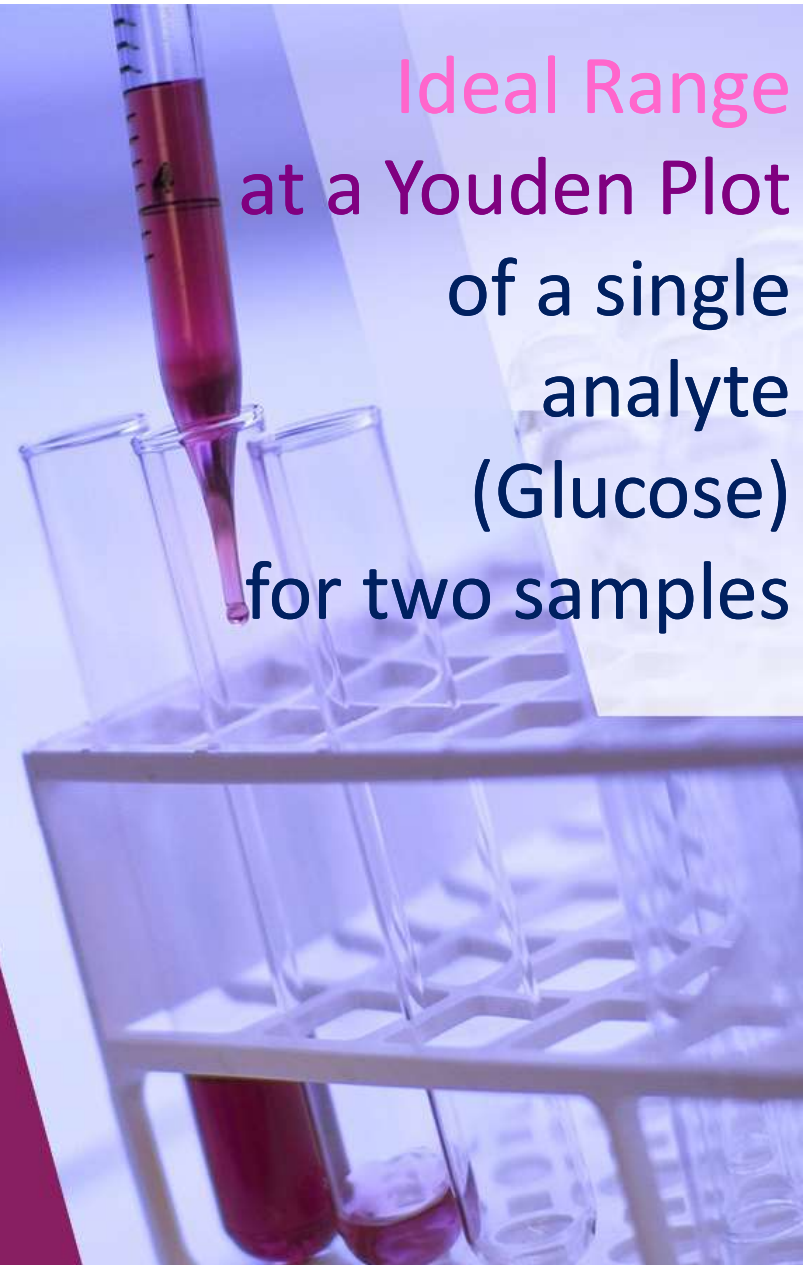
Youden Plot  
of a single  
analyte  
(Glucose)  
for two samples



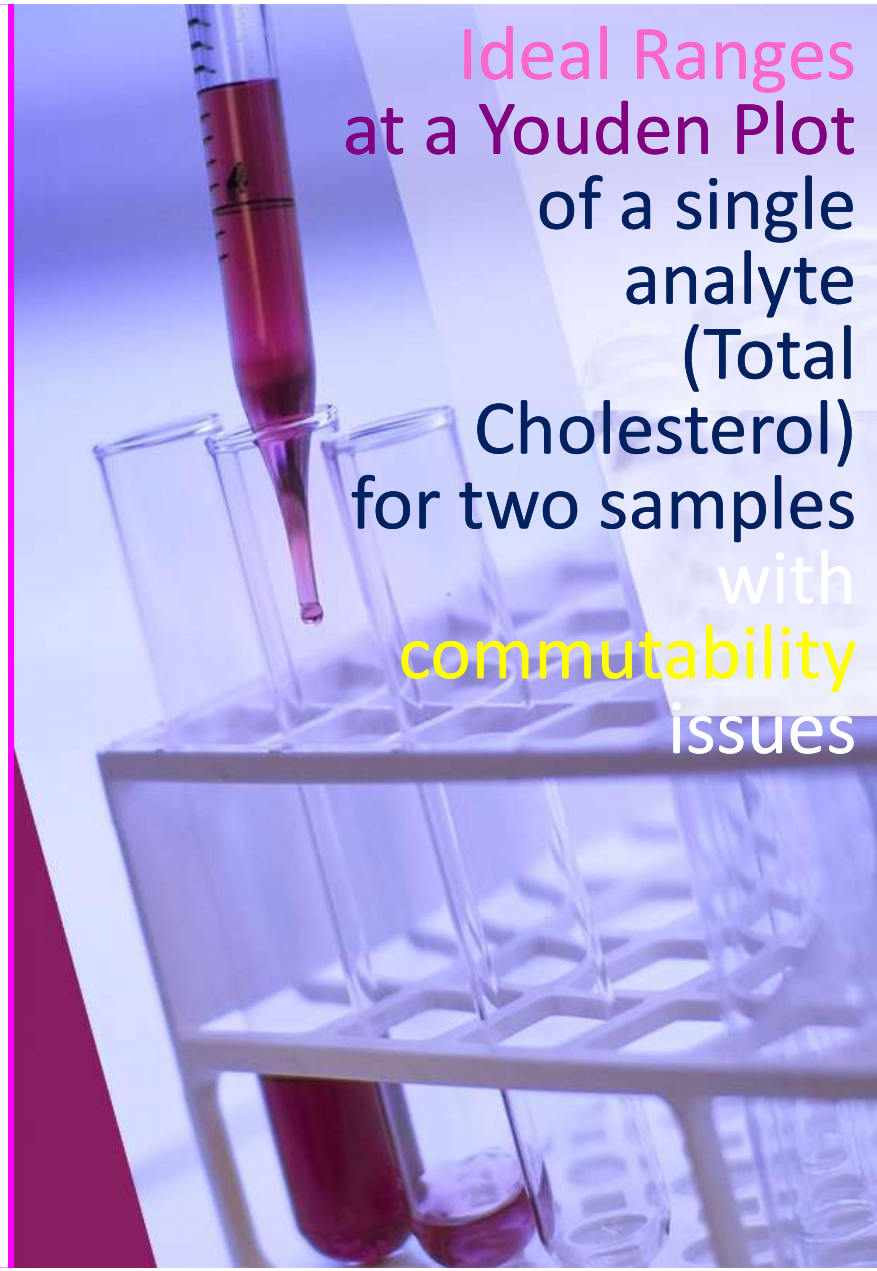
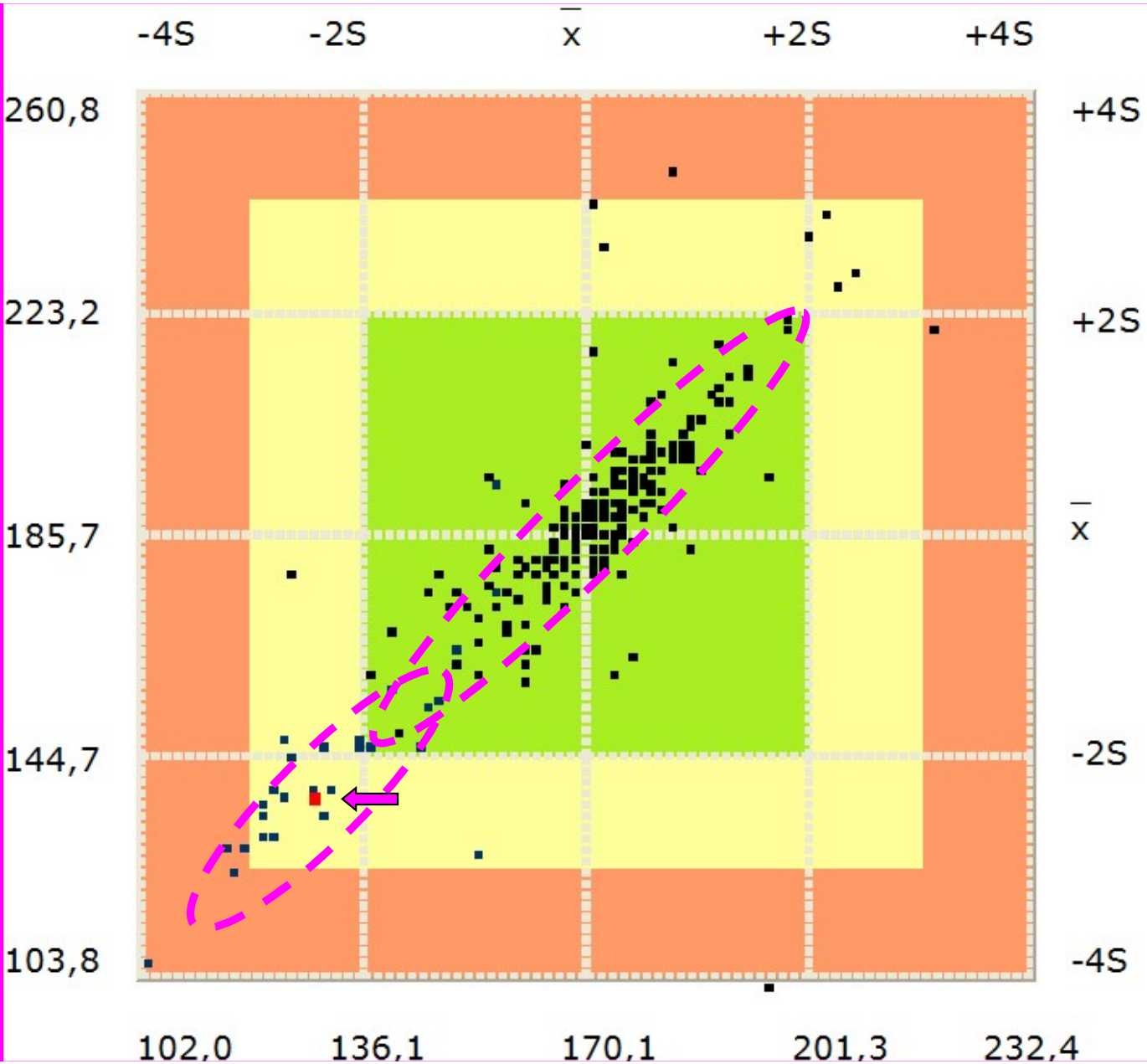
## Διάγραμμα Youden



Ideal Range  
at a Youden Plot  
of a single  
analyte  
(Glucose)  
for two samples







Ideal Ranges  
 at a Youden Plot  
 of a single  
 analyte  
 (Total  
 Cholesterol)  
 for two samples  
 with  
 commutability  
 issues

# Evaluation of Laboratories

Παράμετρος	1η	2η	3η	4η	5η	6η	7η	8η	9η	10η	11η	12η	M.O	Κατάταξη
[GLU] Γλυκόζη	9	9	9	6	9	10	8	6	10	10	10	8	8,67	15/266
[UREA] Ουρία	10	10	10	9	8	8	10	6	10	6	9	9	8,75	14/266
[CREA] Κρεατινίνη	9	10	8	9	9	9	8	9	9	9	8	9	8,83	10/266
[Na+] Νάτριο	9	10	8	5	-	-	-	-	-	-	-	-	8,00	-
[K+] Κάλιο	10	9	9	9	9	9	8	9	10	7	10	10	9,08	2/239
[T.PROT] Ολικά Λευκώματα	9	9	10	8	8	10	9	9	10	9	10	9	9,17	4/260
[ALB] Αλβουμίνη	9	8	8	10	9	10	10	10	10	10	9	10	9,42	2/260
[CHOL] Χοληστερόλη	10	10	10	10	10	8	9	9	9	9	10	9	9,42	5/266
[HDL] HDL-Χοληστερόλη	9	10	9	9	9	4	-	-	-	-	-	-	8,33	-
[TRIG] Τριγλυκερίδια	8	10	8	9	10	9	9	9	9	9	8	9	8,92	7/265
[URAC] Ουρικό οξύ	-	8	10	9	9	10	10	10	9	9	9	9	9,27	6/266
[TBIL] Χολερυθρίνη ολική	8	9	3	-	-	-	-	-	-	-	-	-	6,67	-
[Ca] Ασβέστιο	9	8	8	9	9	8	6	-	-	-	-	-	8,14	-
[P] Φωσφόρος	9	10	8	10	10	9	10	8	10	8	10	10	9,33	2/246
[Mg] Μαγνήσιο	10	9	8	5	-	-	-	-	-	-	-	-	8,00	-
[Fe] Σίδηρος	10	10	9	10	10	10	10	9	10	10	10	10	9,83	1/244
[AST] (SGOT)	9	9	7	10	10	10	8	10	9	8	-	-	9,00	6/266
[ALT] (SGPT)	10	10	8	9	10	9	10	10	9	4	-	-	8,90	18/267
[ALP] Αλκαλική Φωσφατάση	9	10	9	8	-	-	-	-	-	-	-	-	9,00	-
[GGT] γ-GT	10	10	10	9	10	10	10	9	10	9	8	9	9,50	8/266
[LDH] LDH	9	9	10	10	9	9	8	9	9	7	-	-	8,90	9/251
[CK] CK	9	8	9	9	10	9	9	10	10	4	-	-	8,70	11/257
[AMY] Αμυλάση	9	10	10	9	9	9	4	-	-	-	-	-	8,57	-
<b>Μέσος Όρος (M.O.)</b>	<b>9,23</b>	<b>9,35</b>	<b>8,61</b>	<b>8,68</b>	<b>9,32</b>	<b>8,95</b>	<b>8,67</b>	<b>8,88</b>	<b>9,56</b>	<b>8,00</b>	<b>9,25</b>	<b>9,25</b>	<b>8,80</b>	<b>8/267</b>

# Proficiency Testing Schemes (1)

- 1) Clinical Chemistry (Monthly and/or Bimonthly) from 1994**  
Glucose, Urea, Creatinine, Sodium, Potassium, Chloride, Total Protein, Albumin, Cholesterol, HDL-cholesterol, Triglycerides, Urate, Bilirubin, Direct Bilirubin, Calcium, Phosphate, Magnesium, Iron, AST/ ALT, ALP,  $\gamma$ GT, LDH, CK, Amylase
- 2) Hemoglobin A1C (HbA1c) (twice per month) from 2007 *in cooperation with EuroRefLab***
- 3) Cardiac Markers and hs-CRP from 2008**  
CK, CK-MB mass, CK-MB activity, Troponin-T, Troponin-I, high sensitivity CRP (hs-CRP), BNP, pro-BNP
- 4) TDM (Therapeutic Drug Monitoring) from 2011.**  
Digoxin, Phenytoin, Valproate, Phenobarbital, Vancomycin, Acetylsalicylic acid, Paracetamol, Methotrexate
- 5) Coagulation Factors from 2013.**  
Prothrombin Time (PT), Prothrombin Time INR, Partial Thromboplastin Time (PTT), Antithrombin III(AT III), Fibrinogen
- 6) Thyroid Hormones from 2010**  
TSH, FT3, FT4, T3, T4, Anti-TPO, Anti-TG, Thyroglobulin



# Proficiency Testing Schemes (2)

## 7) Reproductive Hormones & Anemia Markers from 2012

FSH, LH, Oestradiol (E2), Progesterone, Prolactin, Testosterone, Human Chorionic Gonadotropin (HCG), Alpha-fetoprotein (AFP), Cortisol, Ferritin, Vitamin B12, Folic Acid, Transferrin

## 8) Tumor Markers from 2012

PSA, Free PSA, CEA (Carcinoembryonic antigen), Alpha-fetoprotein (AFP), CA 125, CA 15-3, CA 19-9,  $\beta$ 2-microglobulin, TMAB

## 9) Specific Proteins from 2015

ASTO, CRP, Rheumatoid factor(RF), Transferrin, Quantitative measurement of immunoglobulins (IgG, IgA, IgM, IgE), Complement components (C3, C4), Ferritin, Vitamin B12, Folic Acid

## 10) Immunology (2 schemes):

- **Systemic autoantibodies (single donor special sample from):** Antinuclear antibodies (ANA), Anti-mitochondrial antibodies (AMA), Anti-dsDNA antibodies, Anti-ENA antibodies (SS-A, SS-B, RNP, Sm), Anti-Scl-70 antibodies (Scl-70), Anti-Jo1 antibodies, Antibodies against Beta-2-Glycoprotein I ( $\beta$ 2GPI) IgG & IgM and Cardiolipin antibodies ( $\alpha$ CL) IgG & IgM
- **Quantitative immunological parameters (sample of immunochemical parameters):** Anti-TPO, Anti-TG, Quantitative measurement of immunoglobulins (IgG, IgA, IgM, IgE), Complement components (C3, C4) and Reumatoid Factor (RF)



# Proficiency Testing Schemes (3)

## **11) Viral Markers I (TORCH) from 2017:**

Toxoplasma antibodies IgG & IgM, Cytomegalovirus antibodies IgG & IgM, Rubella antibodies IgG & IgM and HSV 1 & 2 antibodies IgG & IgM

## **12) Viral Markers II - STDs in cooperation with EuroRefLab from 2017**

Australian antigen (HBsAg), Anti-HBc antibodies, Anti-HBs antibodies, anti-HCV antibodies, anti-HIV & anti-HTLV antibodies, anti-Treponema pallidum antibodies

## **13) 25-hydroxyvitamin D (25OHD) in cooperation with DEQAS UK from 2015**

**14) Combined Clinical Chemistry** (Glucose, Urea, Creatinine, Sodium, Potassium, Chloride, Total Protein, Albumin, Cholesterol, HDL-cholesterol, Triglycerides, Urate, Bilirubin, Direct Bilirubin, Calcium, Phosphate, Magnesium, Iron, AST/ ALT, ALP,  $\gamma$ GT, LDH, CK, Amylase) **along with frequent Immunochemistries** (CRP, Ferritin, Folic Acid, B12, FT3, FT4, TSH, PSA,  $\beta$ -HCG and Oestradiol (E2)) 12 samples per year and bimonthly analysis.

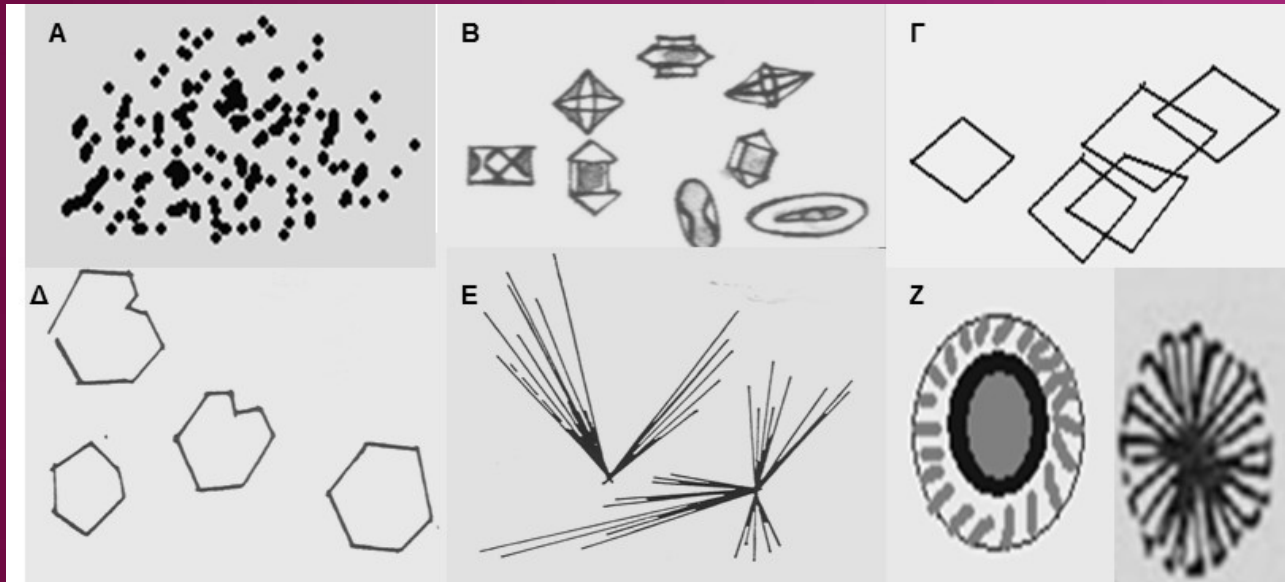


# Urinalysis - Pilot scheme

## Urinalysis:

Will include biochemical and **microscopy** evaluation, in a liquid sample ready for use.

**Two Samples, Bimonthly analysis.**





# Thank you

for your attention!!!

Questions?...

